

Avra L. Thomas, PharmD, MS, BCGP, FASCP

Senior Director, Pharmacy Services at Sava Senior Care Consulting, LLC

Avra Thomas received her Bachelor of Science from Lincoln University of Pennsylvania in 2000, Doctorate of Pharmacy from Temple University School of Pharmacy in 2007 and completed her Master of Science in Palliative Care at the University of Maryland, Baltimore Graduate School in 2021. She is a Fellow of the American Society of Consultant Pharmacists, 2017 past President for the Maryland Chapter of ASCP, current Vice Chair of the ASCP Foundation Board, a Board-Certified Geriatric Pharmacist and a Peter Lamy Champion at the Center of Aging at the University of Maryland School of Pharmacy.

In the last 15 years, Avra has consulted in healthcare, with the most recent thirteen years being dedicated to long-term care. While focusing in long-term care, she has held the position of Senior Director, Pharmacy Services for SAVA Senior Care Consulting, LLC. In this position, she served as a liaison between pharmacy providers, pharmacy vendors, interdisciplinary team members, and nursing home operators for over 170 skilled nursing and rehabilitation facilities across 20 states. Avra has expertise in cost effective management of pharmaceuticals, regulatory aspects of long-term care, and a clinical focus as it relates to the senior population and transitions of care.